

Alviso Community & Youth Center

5040 North First St., San José 95002

Phone: 408-586-7624

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Supervisor: Jane Hemeon

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Bus Lines: 58

Types of Programs: Fee classes, senior nutrition, and special events.

Mail Registration to: 3050 Berryessa Rd. San José, CA 95132

DANCE

Parent Toddler Gymnastics – New \$37

This is a parent participation class where the parent or guardian can work with their child to stimulate development through music, games, and body awareness. Only registered participants are allowed in the class.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
293.4.201	T	4/11-5/16	10-10:55am	22-36m	6	AL
293.4.202	Th	5/18-6/22	10-10:55am	22-36m	6	AL

Ballet/Tap for Tots – New \$37

Beginning Lessons for Ballet/Tap. Students must wear hard soled shoes, and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Age	Mtg.	Loc.
293.4.203	T	4/11-5/16	11:15am-12:10pm	3-5	6	AL
293.4.204	Th	5/18-6/22	11:15am-12:10pm	3-5	6	AL

Kinder Gym – New \$37

Kinder Gym is designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are welcomed To attend the first 10 minutes of the first class and attend the last meeting. Those students with long hair are required to tie it back.

Instructor: Dance Arts Academy

Course #	Day	Date	Time	Ages	Mtg.	Loc
293.4.205	T	4/11-5/16	12:30-1:15pm	3-6	6	AL
293.4.206	Th	5/18-6/22	12:30-1:15pm	3-6	6	AL

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 127.

Rise and Shine Tiny Tots

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Each child must have a parent provide snacks for one class during the session. Child must be toilet trained. Food will be provided for cooking projects.

No Class 5/29

Instructor: Melissa

\$100

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.301	T/Th	4/11-6/1	12:30-2:30pm	2-5	16	AV

\$140

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.302	M/W	4/10-5/31	12:30-3:30pm	2-5	15	AV
293.4.303	M/W	4/10-5/31	8:30-11:30am	2-5	15	AV

\$150

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.304	T/Th	4/11-6/1	8:30-11:30am	2-5	16	AV

SPORTS & FITNESS

Karate – Beginner \$114

Students will learn traditional Japanese karate, along with Japanese culture, philosophy, history, and language. All classes include self-defense and stress the importance of self-confidence and mental discipline. Wear loose and comfortable clothing the first day of class, and check with instructor for more details on clothing requirements. There is an additional fee for uniform, belt testing and certification payable to the instructor. Beginner classes are open to everyone.

No Class 5/29

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.500	M/W	4/10-6/5	5-5:50pm	5+	16	AV

Karate – Intermediate \$114

Students that have already studied Shotokan and earned the rank of blue belt and above are welcome in this class. Intermediate and advanced katas (forms) and tournament style Kumite (sparring) are taught. There is an additional fee for uniform, belt testing and certification payable to the instructor.

Instructor: Camp Carter Intl.

Course#	Day	Date	Time	Age	Mtg.	Loc.
293.4.502	M/W	4/10-6/5	6-6:50pm	5+	16	AV

Alviso Community & Youth Center continues on next page



“Sports For All”

Through Citywide Adapted Sports! See Page 31.



SPORTS & FITNESS

Mommy/Daddy & Me Soccer – New \$57

Introduce yourself and your toddler to the "Worlds" most popular game! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch on the sidelines. Rain-out Hot line # 1-800-871-2275

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Ages	Mtg.	Loc
293.4.503	W	4/26-5/31	2:30-3pm	2-3.5	6	AV
293.4.504	W	4/26-5/31	2:30-3pm	2-3.5	6	AV

Kidz Love Soccer – New \$57

KLS is a non-competitive environment for children to learn and play. The world's most popular sport. Each session includes age specific warm ups, demonstrations, and recreational games. Classes are coed and every participant will have a ball at their feet! Shin-guards are required after the first class meeting. **Tot Soccer:** 3.5-4yrs-Encourages motor skills and introduces small children to the group setting. **Pre-Soccer:** 4-5.5yrs-Teaches the basic technique of the game and builds self-esteem through participation and fun soccer activities. **Soccer 1:** 5-6 years-Teaches the basic techniques of soccer for beginners, Dribbling, passing, receiving, and shooting. **Soccer 2:** 7-8-Same as Soccer 1, also introduces team tactics. **Soccer 3:** 9-12 years-Same as Soccer 1 and 2, but also introduces advance soccer techniques and tactics.

Instructor: Kidz Love Soccer

Course #	Day	Date	Time	Ages	Mtg.	Loc
293.4.505	W	4/26-5/31	3:15-3:45pm	3.5-4	6	AV
293.4.506	W	4/26-5/31	3:45-4:20pm	4-5.5	6	AV
293.4.507	W	4/26-5/31	4:20-5:05pm	5-6	6	AV
293.4.508	W	4/26-5/31	5:05-5:50pm	7-8	6	AV
293.4.509	W	4/26-5/31	5:05-6:05pm	9-12	6	AV

SPECIALTY CLASSES

English As A Second Language (ESL) Free

This class is a community based program for adults. The instructor works with different levels of speakers and will teach the basics of English. Just drop by class to sign up! Free baby-sitting is available for children who are at least two years of age and toilet trained.

Day	Date	Time	Age	Loc.
M/W	Ongoing	6-8:30pm	18+	AV

SENIOR PROGRAM

Nutrition Reservations \$2

Join us for a nutritious lunch and activities every Monday and Wednesday from 10am-12pm at the Alviso Community Center. The activities are FREE and the suggested donation for lunch is \$2 per person age 60+. This is a great opportunity to meet new people and enjoy different crafts, games, refreshments, and activities. For more information, call, 408-586-7624.

DROP-IN YOUTH PROGRAM

Drop-In Youth Program \$10 suggested donation

The Alviso Youth program strives to provide quality recreational, educational, and cultural programs to the youth of the Alviso community. The Youth Center works collaboratively with the school and community organizations to ensure that youth have access to meaningful programs and activities. Daily activities include drop in gym time, clubs and homework help.

Day	Date	Time	Age	Loc.
T/Th	Ongoing	4:30-7pm	11-17yrs w/current I.D.	AV

(Must be 6th-12th grades)

SAN JOSÉ AFTER SCHOOL

Alviso Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-586-7624.

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites will offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Alviso Branch Library	*
Alviso Youth Center	2:30-6pm
George Mayne Elementary School	*

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).